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# Feasibility and utility of MRI and dynamic <sup>18</sup>F-FDG-PET in an orthotopic organoid-based patient-derived mouse model of endometrial cancer

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#### **Abstract**

**Background:** Pelvic magnetic resonance imaging (MRI) and whole-body positron emission tomography-computed tomography (PET-CT) play an important role at primary diagnostic work-up and in detecting recurrent disease in endometrial cancer (EC) patients, however the preclinical use of these imaging methods is currently limited. We demonstrate the feasibility and utility of MRI and dynamic <sup>18</sup>F-fluorodeoxyglucose (FDG)-PET imaging for monitoring tumor progression and assessing chemotherapy response in an orthotopic organoid-based patient-derived xenograft (O-PDX) mouse model of EC.

**Methods:** 18 O-PDX mice (grade 3 endometrioid EC, stage IIIC1), selectively underwent weekly T2-weighted MRI (total scans = 32), diffusion-weighted MRI (DWI) (total scans = 9) and dynamic  $^{18}$ F-FDG-PET (total scans = 26) during tumor progression. MRI tumor volumes (vMRI), tumor apparent diffusion coefficient values (ADC<sub>mean</sub>) and metabolic tumor parameters from  $^{18}$ F-FDG-PET including maximum and mean standard uptake values (SUV<sub>max</sub>/SUV<sub>mean</sub>), metabolic tumor volume (MTV), total lesion glycolysis (TLG) and metabolic rate of  $^{18}$ F-FDG (MR<sub>FDG</sub>) were calculated. Further, nine mice were included in a chemotherapy treatment study (treatment; n = 5, controls; n = 4) and tumor ADC<sub>mean</sub>-values were compared to changes in vMRI and cellular density from histology at endpoint. A Mann–Whitney test was used to evaluate differences between groups.

**Results:** Tumors with large tumor volumes (vMRI) had higher metabolic activity (MTV and TLG) in a clear linear relationship ( $r^2 = 0.92$  and 0.89, respectively). Non-invasive calculation of MR<sub>FDG</sub> from dynamic <sup>18</sup>F-FDG-PET (mean MR<sub>FDG</sub> = 0.39 µmol/min) was feasible using an image-derived input function. Treated mice had higher tumor ADC<sub>mean</sub> (p = 0.03), lower vMRI (p = 0.03) and tumor cellular density (p = 0.02) than non-treated mice, all indicating treatment response.

**Conclusion:** Preclinical imaging mirroring clinical imaging methods in EC is highly feasible for monitoring tumor progression and treatment response in the present orthotopic organoid mouse model.

**Keywords:** Preclinical imaging, Endometrial cancer, Organoid-PDX models, Dynamic PET, Translational imaging, Multimodal imaging

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# **Background**

Successful translation of preclinical discoveries in oncology is unfortunately rare [1]. This may partly be due to lack of clinically relevant model systems and that preclinical imaging methods utilized for disease monitoring (e.g., optical imaging using fluorescence) are not feasible in the clinic [2]. Commonly used immortalized cancer cell lines are cost-effective and convenient to work with; however, they are genetically unstable and less representative of the clinical phenotype observed in patients [3]. Previous preclinical endometrial cancer (EC) studies have mostly relied on caliper size measurements of less relevant subcutaneous models using cell lines, or endpoint-only measurements in orthotopic models [4, 5]. Very few preclinical studies have used imaging methods mimicking those employed in the clinic [6]. We have recently developed EC organoid-based orthotopic mouse xenograft models (O-PDX) that recapitulate the histopathologic architecture, protein biomarker expression and the genetic profile of the donor tumor tissue [7]. These clinically relevant models respond well to conventional chemotherapeutic treatment and non-invasive imaging enables quantitative assessment of morphologicand metabolic tumor characteristics indicative of tumor progression or treatment response [7, 8].

EC is the second most common gynecological cancer in industrialized countries and the incidence rate is increasing [9, 10]. Hysterectomy with bilateral removal of the ovaries is the primary treatment, which is curative in most patients with low-risk early-stage disease. However, about 15% of patients experience recurrence with a poor prognosis [11–13]. These patients, and patients presenting with advanced disease at time of diagnosis, usually receive adjuvant chemotherapy which is associated with toxicity and only moderate improvement of survival [14, 15]. Preoperative imaging plays an important role in risk stratification and surgical planning in EC. Local staging by pelvic MRI at primary diagnostic work-up is recommended for preoperative assessment of deep myometrial invasion, cervical stroma invasion, extrauterine tumor extension and metastatic pelvic lymph nodes [16]. MRI is also the preferred modality to assess local recurrence. Diffusion-weighted MRI (DWI) depicts the microscopic mobility of water in the tissue, which is strongly influenced by tissue microstructure, microcirculation and cellularity. DWI allows calculation of apparent diffusion coefficient (ADC)-maps, and low tumor ADC is linked to high tumor cellularity and predicts aggressive EC disease [17]. Preoperative, static <sup>18</sup>F-fluorodeoxyglucose (18F-FDG)-PET-CT is often recommended in putative high-risk disease and in patients with clinical suspicion of recurrent disease, as <sup>18</sup>F-FDG-PET-CT yields high accuracy for detecting lymph node metastases and distant spread in EC [18, 19]. Primary ECs are typically highly <sup>18</sup>F-FDG avid [18]. Interestingly, a recent study using a dynamic <sup>18</sup>F-FDG-PET-CT protocol demonstrated the clinical feasibility and superior performance of the dynamic imaging parameter, metabolic rate of <sup>18</sup>F-FDG (MR<sub>FDG</sub>), compared to the static imaging parameters; i.e., standardized uptake values (SUV) in 101 patients diagnosed with cancers from different origins [20].

Preclinical use of standard clinical imaging methods in endometrial cancer (EC) is currently limited. We demonstrate the feasibility and utility of MRI and dynamic <sup>18</sup>F-FDG-PET imaging for monitoring tumor progression and assessing chemotherapy response in an orthotopic O-PDX mouse model of EC.

#### **Methods**

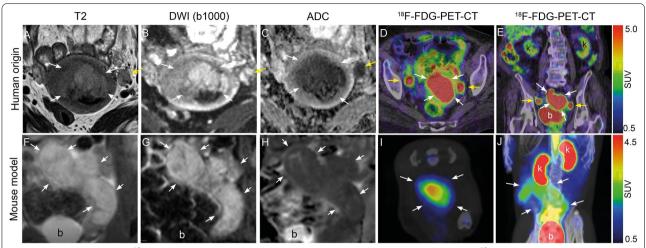
#### **Animal model**

Hysterectomy specimen was donated by a consenting woman (approval ID 2015/2333 and 2018/548 REK vest) diagnosed with grade 3, endometrioid EC, and International Federation of Gynecology and Obstetrics (FIGO) stage IIIC1. Preoperative pelvic MRI and <sup>18</sup>F-FDG-PET in this patient (Fig. 1A–E) was acquired as part of the routine diagnostic work-up. Organoids were established, expanded and orthotopically implanted as described previously [7, 21]. Briefly, fresh tumor tissue was enzymatically dissociated before embedding into growth factor reduced (GFR) Matrigel (Corning) (1:2). Organoid:Matrigel suspension was seeded as 25 μl droplets in 48-well plates and covered with expansion medium. Organoid expansion was performed weekly by breaking the organoids mechanically into smaller fragments, followed by resuspension in fresh GFR Matrigel and seeding. At passage 14, organoids were immersed 1:1 in GFR Matrigel prior to orthotopic implantation  $(2 \times 10^6 \text{ cells})$  into the left uterine horn of female NOD/ SCID IL2 $r\gamma^{null}$  (NSG) mice (21 mice in total). All animal experiments were conducted in accordance with Norwegian and European regulations (approval ID 20194). Mice were monitored for disease symptoms including lethargy, ataxia and weight loss (>10%) and were sacrificed following any of these symptoms or at the end of the study (8 weeks post-implantation).

#### Study design

18 mice were imaged by weekly MRI and PET-scanning from Week 3–5 post-implantation in order to monitor primary tumor growth. Table 1 includes a detailed overview of all imaging sequences employed for each mouse in the different weeks. The PET images were acquired two days post-MRI due the scanners being located in different buildings; this setup allowed one day acclimatization after transport. Correlation analyses for the MRI- and

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**Fig. 1** Preoperative MRI and <sup>18</sup>F-FDG-PET imaging in the donor patient and corresponding preclinical MRI and <sup>18</sup>F-FDG-PET imaging in the developed orthotopic O-PDX mouse model. Upper panel: Axial-oblique MRI sequences (**A–C**) displaying an irregularly shaped large uterine primary tumor invading > 50% the myometrial wall (white arrows) and enlarged pelvic left sided lymph node (yellow arrows), all exhibiting restricted diffusion (**B** and **C**). On PET-CT high <sup>18</sup>F-FDG avidity is seen both in the primary tumor (white arrows) and in the bilateral pelvic lymph nodes (yellow arrows) (axial (**D**) and coronal (**E**) planes). Lower panel: Coronal MRI of a representative mouse tumor (white arrows) in the left uterine horn (**F–H**) 3 weeks after implantation displaying characteristic hyperintensity on T2 (**F**) and high b-value image (DWI) (**G**) and corresponding hypointense on the ADC map (**H**) indicating restricted diffusion. Abdominal axial (**I**) and maximum intensity projection (MIP) images from <sup>18</sup>F-FDG-PET-CT (**J**) depict a highly <sup>18</sup>F-FDG- avid uterine tumor in the same mouse, 2 days after the MRI examination. *b* bladder, *k* kidney, *ADC* apparent diffusion coefficient, *DWI* diffusion-weighted MRI, <sup>18</sup>F-FDG fluorodeoxyglucose, *O-PDX* organoid-based patient-derived xenograft, *SUV* standardized uptake value

PET imaging parameters included examinations acquired within 3 days. A subcohort of nine mice were further included in a treatment study with imaging after chemotherapy (Table 1). These were randomized into treatment- (n=5) or control groups (n=4) and received combined carboplatin (15 mg/kg)/paclitaxel (12 mg/ kg) (treatment group) or saline (100 μl, control group) intraperitoneally (ip) twice per week, starting at vMRI > 145 mm<sup>3</sup> and continuing until the end of study. Imaging included T2-weighted MRI and DWI prior to sacrifice for all. Additionally, one mouse from each group was followed longitudinally with weekly T2-weighted MRI and DWI during Weeks 4–8. For DWI analyses, the 4 control mice in the treatment study were combined with the mice scanned outside the treatment study, in order to capture a larger variety of tumor sizes and increase the statistical power (Table 1).

#### MRI scanning and image reconstruction

Images were acquired on a small-animal 7 Tesla MRI scanner (Pharmascan, Bruker) using a mouse body quadrature volume resonator in a single-coil configuration. Mice were anesthetized by sevoflurane mixed in oxygen and breathing and body temperature were monitored during scanning. T2-weighted sequences were acquired coronally (TE/TR 25/2500 ms, 5 averages, matrix  $160 \times 160$ , field of view  $32 \times 32$  mm, slice thickness 1 mm, resolution  $0.2 \times 0.2$  mm) and included the whole

tumor volume. Coronal DW-images (TE/TR 17/3000 ms, 3 averages, matrix  $67 \times 93$ , field of view  $20 \times 28$  mm, slice thickness 1 mm, resolution  $0.3 \times 0.3$  mm) were generated using b-values of 0 and 1000 s/mm². ADC parametric maps were automatically generated from the DWI-series using the manufacturer's software (Paravision 6.0).

#### MR image analyses

Manual segmentation aiming at including all primary tumor tissue on the coronal T2-weighted images were performed using the free software ITK-SNAP (Version 3.8) [22]. The anatomic tumor volume (vMRI) was calculated by summing the segmented volumes from all slices depicting tumor tissue. One reader with 9 years of preclinical MRI experience (H. Espedal) performed the segmentation with case-by-case consensus discussion with another observer (clinical radiologist I.S Haldorsen) with 6/12 years of gynecological cancer imaging experience (preclinical/clinical). Segmentation was carried out blinded to treatment group. The average tumor ADC (ADC<sub>mean</sub>) was similarly measured by segmenting tumor tissue in all slices on the ADC-maps using ITK-SNAP. The reported ADC<sub>mean</sub> represents the mean value throughout the whole tumor.

### PET-CT scanning and image reconstruction

The PET images were acquired on a small-animal PET-CT scanner (Nanoscan, Mediso) and mice were scanned Espedal et al. J Transl Med (2021) 19:406 Page 4 of 13

**Table 1** Overview of imaging examinations in naïve mice and treatment study

Mouse	Week 3	Week 4	Week 5	Total scans, week	Treatment study (end-point		
	Naïve, untreated tumors 3–5 imaging, week 7/8) DW						
M1	T2 + DWI + PET						
M2	T2 + DWI + PET	T2 + PET	T2		Control (L)		
M3	T2 + DWI + PET		T2 + PET				
M4	T2 + DWI						
M5	T2 + DWI	T2 + PET					
M6	T2+PET	T2 + PET	T2 + PET				
M7	T2+PET	T2 + PET	T2 + PET				
M8	T2+PET	T2 + PET	T2				
M9	T2+PET	$T2 + PET^a$	T2				
M10	T2+PET	$T2 + PET^a$	T2		Control		
M11	T2+PET				Treatment (L)		
M12	T2+PET						
M13	T2+PET				Treatment		
M14	T2+PET						
M15		T2 + PET					
M16		T2 + PET					
M17		T2 + PET			Treatment		
M18			T2 + PET		Control		
M19					Control		
M20					Treatment		
M21					Treatment		
T2—scans	14	10	8	32	9		
DWI—scans	5	-	-	5	9		
PET <sup>b</sup> —scans	12	10	4	26	0		

L indicates weekly longitudinal T2 + DWI imaging (in two mice) in the treatment study from week 4 until week 7/8 (control/treated mouse) DWI diffusion-weighted MRI. L longitudinal. 72 T2-weighted MRI

in pairs using a dual bed. Prior to imaging, mice were fasted (average  $19\pm2$  h) to minimize gastrointestinal background uptake. Mice were anesthetized using sevoflurane mixed in oxygen, and <sup>18</sup>F-FDG was diluted in saline to a total volume of 150 µl at average injected dose  $8.3\pm1.2$  MBq.  $^{18}$ F-FDG was injected in the lateral tail vein at start of the 1-h dynamic PET acquisition. Two mice were imaged with a static protocol only (30 min uptake time followed by 30 min acquisition), due to technical issues. Prior to the PET, a low-dose CT (50 kVp, 0.2 mAs, 0.38 mm slice thickness) was acquired for anatomical reference and attenuation correction. The mice were monitored for breathing and temperature during scanning. Static images were reconstructed using the list-mode data from 30 to 60 min post <sup>18</sup>F-FDG injection. Dynamic images were reconstructed into the following time frames:  $5 \times 2$  s,  $5 \times 10$  s,  $2 \times 120$  s,  $3 \times 300$  s,  $4 \times 600$  s. All reconstructions were performed applying a maximum likelihood estimation method algorithm by four iterations and six subsets resulting in  $0.4\times0.4\times0.4$  mm voxel size corrected for randoms and scatter.

# Static PET image analyses

From the static images, tumor volumes of interests (VOIs) were segmented by applying an automated isocontour tool that included all voxels with  $>\!40\% SUV_{max}$  or by a set threshold of 2.5 SUV carefully excluding the bladder and kidneys (detailed in next paragraph). Within each tumor VOI the following PET parameters were calculated: mean and maximum standardized uptake values (SUV $_{mean}$ , and SUV $_{max}$ , respectively), metabolic tumor volume (MTV) and total lesion glycolysis (TLG; TLG = SUV $_{mean}$  x MTV). The static analyses were carried out using InterView Fusion software (Mediso, version 3.01).

In oncology in general and for EC patients, a fixed threshold of > 2.5 SUV is typically applied to segment

<sup>&</sup>lt;sup>a</sup> Static PET only due to technical issues

<sup>&</sup>lt;sup>b</sup> PET refers to PET-CT imaging, however CT images were used as PET anatomical reference and attenuation correction only

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tumors, aiming to omit normal surrounding tissue from the VOIs while including all likely tumor voxels. By applying this threshold to our cohort we were able to segment tumor in >95% of the scans; however, the derived VOIs did not include all apparent tumor tissue (See Additional file 1). We measured the mean liver uptake in our PET mice cohort to  $0.53\pm0.06$  SUV on average (See Additional file 2), which is substantially lower than the 2.0–3.0 SUV $_{\rm mean}$  reported for human livers [23]. Consequently, we decided to threshold at values 40% of SUV $_{\rm max}$ . This led to an average threshold of 1.6 SUV (Additional file 2), which was also more in line with the visual impression of tumor boundaries based on PET and MRI and yielded more similar ratios of vMRI to MTV to that observed in human EC cohorts [24] (See Additional file 3).

## **Dynamic PET image analyses**

The individual tumor VOIs from the static images were further used as input regions for the dynamic analyses generating tumor time-activity curves in PMOD software (Version 3.8).

To generate the arterial input function (AIF) needed for absolute quantitative modeling of dynamic imaging, we placed a cube-shaped VOI covering the vena cava and selected the seven hottest voxels therein to generate the AIF for each mouse [25, 26]. The shape of each AIF was visually inspected prior to further analyses. The images were analyzed using the kinetic modeling tool (PKIN)package of PMOD (Version 3.8), extracting the tumor net influx constant (K<sub>i</sub>) by applying the Patlak linear model [27]. We used 0.6 as lumped constant [28] and assumed equal blood glucose level for all mice (6.0 mmol/l) based on previous low intra-animal variation of blood glucose measurements in fasted EC PDX implanted in NSG mice. All fits resulted in < 10% standard error. Tumor metabolic rate of glucose (MR<sub>FDG</sub>) was calculated by the equation  $MR_{FDG} = K_i$  (blood glucose/lumped constant) [27].

#### Histological analyses

To ensure best possible matching of excised tumor tissue to MRI, animals were euthanized immediately after the last imaging. Hematoxylin and eosin (HE) slides (4  $\mu m$ ) of formalin fixed paraffin-embedded tumor tissue were scanned at 20X using a slide scanner (VS120, Olympus). Automatic counting of nuclei was done using the free QuPath (V0.2.0) software [29] in 3–4 rectangular regions of interest (number depending on tumor size) covering the tumor area.

#### Statistical analyses

Linear regression analyses for the image-derived tumor markers were performed to examine a possible relationship between the anatomic (MRI) and metabolic (PET) imaging features, between the dynamic- and static PET parameters, and between the anatomic tumor volume (vMRI) and diffusion restriction (ADC $_{\rm mean}$ ). Differences in tumor markers between the treatment- and control groups were assessed using a Mann–Whitney test. Normality was tested for all variables using Shapiro–Wilk test. P-values were considered to indicate statistical significance when <0.05. Analyses were done using Graph-Pad Prism version 9.0.

#### **Results**

# Imaging characteristics of the tumor in the mouse model versus the donor patient

Preoperative pelvic MRI (Fig. 1A–C) and <sup>18</sup>F-FDG-PET-CT (Fig. 1D and E) in the donor woman with grade 3, endometrioid EC, FIGO stage IIIC1, exhibit tumor characteristics that are shared by the uterine tumor of the derived animal model (Fig. 1F–J). The T2-weighted images (Fig. 1A and F) depict a slightly hyperintense uterine tumor in the patient (Fig. 1A) and an even more hyperintense uterine tumor in the mouse (Fig. 1F); and both tumors have heterogenous signal intensities. Furthermore, both tumors exhibit restricted diffusion with hyperintensity on the DWI b1000 images (Fig. 1B and G) and corresponding hypointensity on the ADC-maps (Fig. 1C and H). Similarly, the uterine tumors are highly <sup>18</sup>F-FDG-avid on <sup>18</sup>F-FDG-PET-CT both in the patient (Fig. 1D and E) and the mouse (Fig. 1I and J).

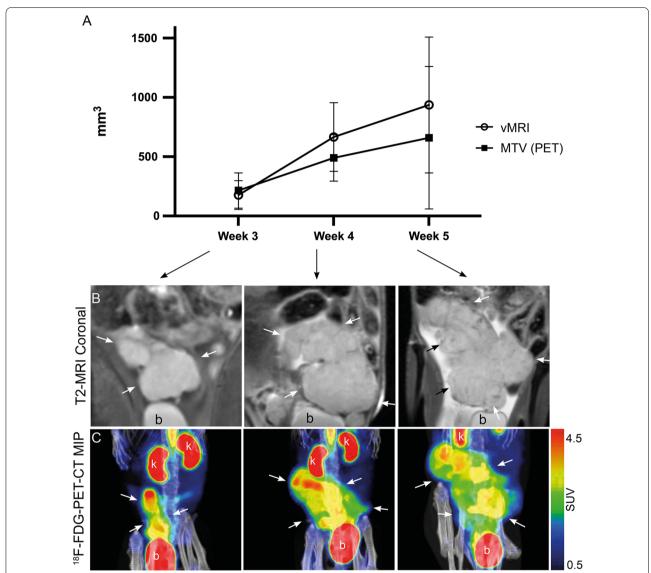
# MRI for monitoring of tumor growth and restricted diffusion

Tumors were detected by T2-weighted MRI in all mice 3 weeks post-implantation. The estimated tumor volumes (vMRI) increased during Week 3-5 post-implantation with mean (range) vMRI=177 mm<sup>3</sup> (2-403) in Week 3 (n=14), vMRI=666 mm<sup>3</sup> (158–1075) in Week 4 (n=10)and  $vMRI = 936 \text{ mm}^3 (192-1707)$  in Week 5 (n=8) (Fig. 2, B). Mean (range) vMRI estimated on all scans acquired Weeks 3-5 (32 scans) was 519 (2-1707) mm<sup>3</sup> (Table 2). Individual vMRI-values for each mouse are shown in Additional file 4. At DWI (Fig. 1, G and H) the tumors uniformly exhibited restricted diffusion with a mean (range) tumor  $ADC_{mean}$ -value of 1.07 (0.86–  $1.48) \times 10^{-3}$  mm<sup>2</sup>/s (Table 2), extracted from wholevolume tumor segmentations on the ADC maps (n=9)3-8 weeks post-implantation. The 95% confidence intervals of the means are listed in Table 2.

# <sup>18</sup>F-FDG-PET for monitoring tumor metabolism and quantification of tumor metabolic features

All <sup>18</sup>F-FDG-PET scans (26 total) depicted FDG-avid primary uterine tumors (Fig. 1I and J and Fig. 2C). The estimated mean (range) MTV increased during Week

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**Fig. 2** Longitudinal monitoring of tumor growth by MRI and <sup>18</sup>F-FDG-PET. Upper panel **A** Graph displaying weekly tumor volumes (mean, standard deviation) from T2-weighted MRI (vMRI) and metabolic tumor volume (MTV) from <sup>18</sup>F-FDG-PET imaging in non-treated mice. The graph is based on imaging of 12 mice in Week 3 (14 mice for MRI), 10 mice in Week 4 and four mice (eight mice for MRI) in Week 5. **B** (T2-MRI) and **C** (<sup>18</sup>F-FDG-PET-CT maximum intensity images, MIP) display the growth of a tumor (arrows) imaged weekly by MRI and PET in a single, representative mouse. *b* bladder, *k* kidney, <sup>18</sup>F-FDG fluorodeoxyglucose, *MTV* metabolic tumor volume, *SUV* standardized uptake value, *vMRI* tumor volume from MRI

Table 2 Mean values, range and 95% confidence intervals (CI) for <sup>18</sup>F-FDG-PET and MRI tumor parameters during tumor progression

	SUV <sub>max</sub>	SUV <sub>mean</sub>	MTV (mm <sup>3</sup> )	TLG (SUV <sub>mean</sub> x MTV)	MR <sub>FDG</sub> (μmol/min)	ADC <sub>mean</sub> (10 <sup>3</sup> mm <sup>2</sup> /s)	vMRI (mm³)
Scans	26	26	26	26	24	9 <sup>a</sup>	32
Mean	3.9	2.2	389	847	0.39	1.07	519
Range [min, max]	[2.1-5.2]	[1.5-2.8]	[49-1271]	[73-2389]	[0.12-0.61]	[0.86-1.48]	[2-1707]
95% CI [lower, upper]	[3.7-4.2]	[2.1-2.3]	[263-515]	[585–1108]	[0.34-0.45]	[0.94 -1.20]	[355-684]

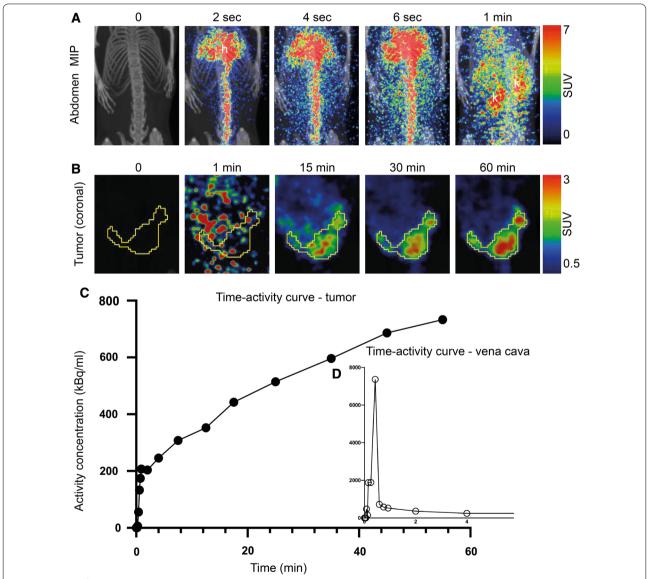
CI confidence interval, SUV standardized uptake value, MTV metabolic tumor volume, TLG total lesion glycolysis,  $MR_{FDG}$  metabolic rate of fluorodeoxyglucose (obtained from dynamic imaging), vMRI anatomic tumor volume from MRI, ADC apparent diffusion coefficient

<sup>&</sup>lt;sup>a</sup> Includes the four scans from the control mice from the treatment study

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3–5 post-implantation with MTV=215 mm³ (49–366) in Week 3 (n=12), to MTV=490 mm³ (65–767) in Week 4 (n=10) and MTV=660 mm³ (117–1271) in Week 5 (n=4) (Fig. 2C). Altogether, the lesions (scans=26) had the following mean (range) tumor values for the derived metabolic markers: SUV $_{\rm mean}$ =2.2 (1.5–2.8), SUV $_{\rm max}$ =3.9 (2.1–5.2), MTV=389 (49–1271) mm³ and TLG=847 (73–2389) (Table 2). Individual MTV values for each mouse are shown in Additional file 5. The dynamic series (24 scans) displayed rapid influx of tracer

in the vena cava following the  $^{18}\text{F-FDG}$  bolus injection (Fig. 3A and D) and the tumors characteristically had a rapid accumulation of  $^{18}\text{F-FDG}$  during the first 20 min, followed by a slow increase in  $^{18}\text{F-FDG}$  activity during the consecutive 40 min (Fig. 3B and C). The tumor metabolic rate  $MR_{FDG}$ , non-invasively calculated from the dynamic scans using vena cava as the image-derived input function, had a mean (range) of 0.39 (0.12–0.61)  $\mu$ mol/min (Table 2). The 95% confidence intervals of the means of all PET image parameters are listed in Table 2.



**Fig. 3** Dynamic <sup>18</sup>F-FDG-PET imaging. Upper panel **A** Abdominal maximum intensity projection (MIP) images showing the rapid inflow of <sup>18</sup>F-FDG through the vena cava to the heart (h) and kidneys (k) after an <sup>18</sup>F-FDG bolus intravenous injection. Middle panel **B** Coronal view of the lower abdomen displaying accumulation of tracer in the tumor (encircled with a yellow ROI) throughout the 1-h dynamic scan, quantified as the time-activity curve of the tumor (**C**) and the image-derived input function quantified from vena cava (insert) (**D**). <sup>18</sup>F-FDG fluorodeoxyglucose, *ROI* region of interest, *SUV* standardized uptake value

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# Correlation between the image-derived tumor markers

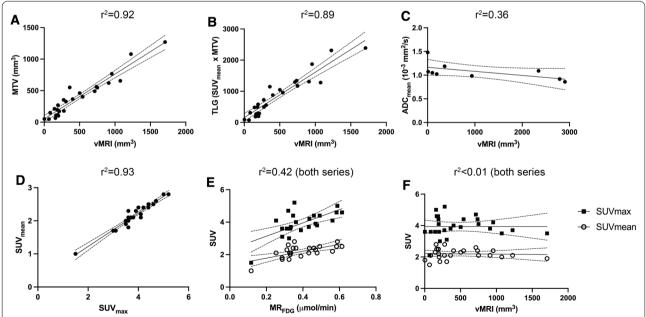
For imaging markers acquired during Week 3–5 there was a strong positive linear association between vMRI and both MTV and TLG (TLG=SUV $_{\rm mean} \times {\rm MTV}$ ) (r²=0.92 and 0.89, respectively) (Fig. 4A and B). The standard PET parameters SUV $_{\rm max}$  and SUV $_{\rm mean}$  were strongly positively associated (r²=0.93) (Fig. 4D) whereas MR $_{\rm FDG}$  was moderately positively associated with SUV $_{\rm max}$  and SUV $_{\rm mean}$  (r²=0.42 for both) (Fig. 4, E). Tumor ADC $_{\rm mean}$  had a moderate negative association with vMRI (r²=0.35) (Fig. 4C), whereas no linear association was observed between SUV $_{\rm mean}/_{\rm max}$  and vMRI (Fig. 4F). Similar statistical correlations between imaging markers were observed in weekly comparison of the same imaging markers using Spearman correlation-test (Additional file 6).

#### Tumor ADC, vMRI and cellular density after chemotherapy

Mice in the treatment group (n=5) with DWI prior to sacrifice, had mean (range) tumor  $ADC_{mean}$  of 1.2 (1.0–1.3)  $\times$  10<sup>-3</sup> mm<sup>2</sup>/s, which were significantly higher than the mice in the control group (n=4) having mean (range) tumor  $ADC_{mean}$  of 1.0 (0.9–1.1)  $\times$  10<sup>-3</sup> mm<sup>2</sup>/s (p=0.03) (Fig. 5A, D). Mean vMRI was significantly lower in the treated mice [vMRI=779 (range, 38–1947) mm<sup>3</sup>] compared to the controls [vMRI=2245

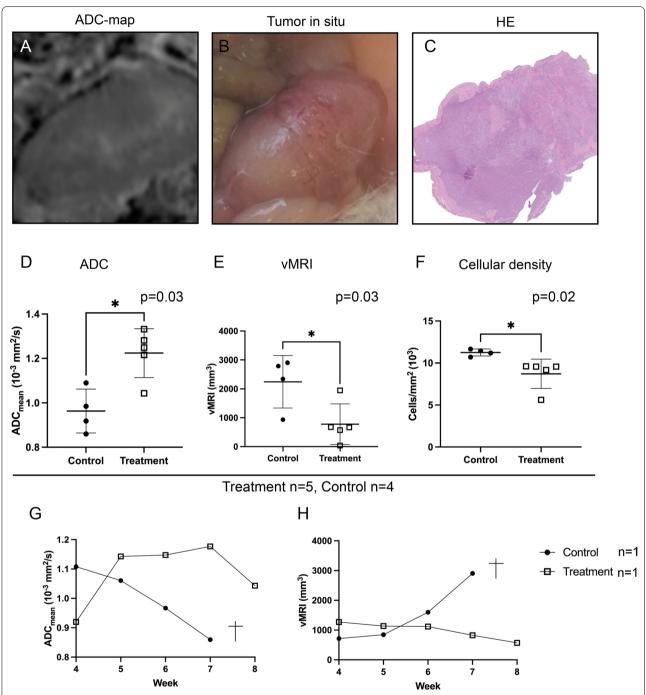
(935–2905) mm³; p=0.03] (Fig. 5E). Furthermore, the tumor HE-sections at sacrifice displayed significantly lower cellular densities for treated tumors [mean(range)= $8.7(5.6-9.6)\times10^3$  cells/mm²] than for untreated tumors [mean=11.3 (10.7–11.7) $\times10^3$  cells/mm²; p=0.02] (Fig. 5F).

One mouse from each group were longitudinally monitored by weekly T2-weighted imaging and DWI, starting at week 4 (one-week after start of treatment) (Fig. 5G and H). At Week 4, the tumor  $ADC_{mean}$ -value was lower for the treated mouse  $(0.92\times 10^{-3}~mm^2/s)$  compared to the control mouse  $(1.11 \times 10^{-3} \text{ mm}^2/\text{s})$ , whereas the vMRI was slightly larger in the treated mouse (1272 mm<sup>3</sup>) compared to the control mouse (714 mm<sup>3</sup>). The tumor ADC<sub>mean</sub>-values in the treated mouse increased during treatment (from 0.92 to  $1.04 \times 10^{-3}$  mm<sup>2</sup>/s) indicating normalization of the restricted diffusion observed prior to treatment, whereas the control mouse had a gradual decrease (from 1.11 to  $0.86 \times 10^{-3}$  mm<sup>2</sup>/s) in tumor  $\ensuremath{\mathsf{ADC}_{\mathsf{mean}}}$  indicating increased diffusion restriction. Similarly, the vMRI for the treatment mouse was gradually decreasing (from 1272 to 571 mm<sup>3</sup> at endpoint) indicating treatment response, whereas the mouse in the control group had rapidly increasing tumor vMRI (from 714 to 2905 mm<sup>3</sup> at endpoint) and had to be sacrificed prior to end of study due to high disease burden.



**Fig. 4** Linear regression analyses of imaging parameters quantified from MRI and  $^{18}\text{F-FDG-PET}$ . Linear regression analyses of anatomical tumor volume (vMRI) versus metabolic tumor volume (MTV) (**A**), total lesion glycolysis (TLG; SUV<sub>mean</sub> × MTV) (**B**) and Tumor ADC<sub>mean</sub> (**C**). Linear regression analyses of SUV<sub>mean</sub> versus SUV<sub>max</sub> (**D**), metabolic rate of  $^{18}\text{F-FDG}$  (MR<sub>FDG</sub>) versus SUV<sub>max</sub>/SUV<sub>mean</sub> (**E**) and vMRI versus SUV<sub>mean</sub>/max (**F**). Graphs are based on data presented in Table 2. Each dot represents a scan, and the line represents linear regression, with dotted bands representing the 95% confidence bands.  $r^2 = \text{goodness}$  of fit (linear regression). *ADC* apparent diffusion coefficient,  $^{18}\text{F-FDG}$  fluorodeoxyglucose, MR<sub>FDG</sub> metabolic rate of  $^{18}\text{F-FDG}$ , *MTV* metabolic tumor volume, *SUV* standardized uptake value, *TLG* total lesion glycolysis, *vMRI* tumor volume from MRI

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**Fig. 5** Tumor ADC<sub>mean</sub>, vMRI and cellular density after chemotherapy. ADC-map depicting a large tumor of the left uterine horn (**A**), photograph of tumor in situ immediately after MRI scanning, prior to excision (**B**) and histology section through a representative central part of tumor stained with HE (**C**). A-C are from the same mouse. Tumor ADC<sub>mean</sub> was significantly higher in treated animals compared to controls (**D**), the tumor volume (vMRI) (**E**) and the tumor cellular density (**F**) was significantly lower in the treated animals compared to the controls. Lines represent mean ± SD, and each dot represents a single sample. Significance was tested using a Mann–Whitney test. Longitudinal data for tumor ADC<sub>mean</sub> (**G**) and vMRI (**H**) is plotted for one mouse from each group. *ADC* apparent diffusion coefficient, *vMRI* tumor volume from MRI

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#### Discussion

In this study we demonstrate that advanced MRI and PET imaging methods in preclinical EC allow non-invasive and quantitative monitoring of tumor progression and treatment response. To our knowledge, this is the first study demonstrating the feasibility of a preclinical imaging platform, mirroring imaging methods widely employed in the clinic, for characterization of clinically relevant orthotopic EC mouse models.

We found a strong positive linear relationship between vMRI and MTV and a slightly negative linear relationship between vMRI and tumor ADC, indicating increased glycolysis and cellularity in tumors with large volume. Similarly, preoperative imaging studies in high-grade EC patients also report that vMRI and MTV are positively correlated [24], and that vMRI and ADC are negatively correlated [17, 24, 30], supporting the high clinical relevance and potential translatability of our preclinical model. In our study, no evident relationship between vMRI and  $SUV_{mean}/SUV_{max}$  was observed. This finding is different from that reported in a recent large clinical EC study (n=215) finding strong positive correlations between vMRI and  $SUV_{mean}/_{max}$  (Spearman r = 0.61/0.56) though even stronger positive correlation was reported between vMRI and MTV [24]. Importantly, the findings in this preclinical EC study suggests that the commonly reported PET parameters  $SUV_{mean}/_{max}$  cannot substitute vMRI or MTV for assessing tumor burden in preclinical models. However, more preclinical studies are needed to explore whether the observed lack of correlation between  $SUV_{\ mean}/_{max}$  and tumor volume is the same for all EC models. Furthermore, segmentation methods and threshold values should be systematically evaluated as the current use of these are highly variable in the literature.

This study is the first to present data from dynamic  $^{18}\text{F-FDG-PET}$  imaging (MR $_{\text{FDG}}$ ) in an orthotopic EC PDX model. The MR $_{\text{FDG}}$  values were similar to that reported for subcutaneous breast- and brain cell line tumors in preclinical studies [31]. Moreover, tumor MR $_{\text{FDG}}$  values from a large cohort including 11 different cell line tumors were in the same range as ours [32]. Interestingly, a recent dynamic  $^{18}\text{F-FDG-PET}$  study including 101 patients diagnosed with a range of cancers, demonstrated clinical feasibility and superior quantification using MR $_{\text{FDG}}$  with higher tumor-to-background- and contrast-to-noise ratios compared to conventional tumor SUV values [20]. Interestingly, they reported a significant positive correlation between  $K_{\rm i}$  (which is directly derived from MR $_{\text{FDG}}$ ) and SUV $_{\text{mean}}$ , which is in line with our finding.

We demonstrate the usefulness of T2-weighted MRI for non-invasive monitoring of tumor volume in mice treated with paclitaxel and carboplatin, which is the standard adjuvant chemotherapy for EC [33]. In line with our study, T2-weighted MRI has been used to monitor tumor volume reduction after monotherapy with rapamycin in a genetically engineered mouse model of EC (Lkb1-deficient) [34] and after combined treatment with Olaparib and a PI3K-inhibitor (BKM120) in PTEN-deficient endometrioid EC model [35]. We additionally included DWI at the end of the experiment to explore tumor cellularity in the treatment-versus the control group. Treatmentinduced cell death is known to normalize tumor cellularity and tumor microstructure, making it more similar to that of nonmalignant tissues; this effect can be detected by increased tumor ADC values [36]. Our longitudinal imaging data showcased restricted diffusion prior to treatment, followed by increased tumor  $\mathrm{ADC}_{\mathrm{mean}}$  during treatment. The increase in  $ADC_{mean}$  was evident prior to tumor volume reduction on the T2-weighted images. This may suggest that tumor ADC<sub>mean</sub> is a powerful imaging parameter for early detection of treatment response preceding the decrease in tumor volumes depicted by T2-weighted anatomical series.

To our knowledge, no previous preclinical studies have utilized DWI and ADC to assess treatment response in EC. However, early increase in tumor ADC values has been reported in subcutaneous ovarian cancer xenografts 3 days post-treatment with a PI3K/mTOR-inhibitor [37], a pathway of therapeutic interest also in EC [38]. Similarly, increased tumor ADC values 24 h after radiotherapy (20 Gy) has been shown in subcutaneous U14 cervical allografts, also prior to changes in tumor volume [39]. Unfortunately, in the present study the COVID-19 lockdown precluded PET-imaging in treated mice; thus, we were not able to compare potential response markers, static or dynamic, from <sup>18</sup>F-FDG-PET with that from MRI. In a previous preclinical EC treatment study (with treatment groups: paclitaxel, trastuzumab or controls) imaged by <sup>18</sup>F-FDG-PET at study endpoint, similar tumor SUV<sub>mean</sub> was found for treated mice and controls and also similar tumor weights at the end of the experiment [21]. Wang et al. recently reported significant decrease in SUV<sub>max</sub> values in lung metastases from a cell line-based EC model following treatment with an inhibitory PI3K-pathway agent [40]. Thus, future studies are needed to establish the optimal role of imaging markers from <sup>18</sup>F-FDG-PET and MRI for monitoring treatment response in preclinical EC models.

Although increased tumor metabolism (relative to normal surrounding tissue) is clearly evident by  $^{18}\text{F-FDG-PET}$  imaging in our preclinical orthotopic EC cohort, the mean  $\text{SUV}_{\text{max}}/\text{SUV}_{\text{mean}}$  of 3.9/2.2 is lower than that reported for human primary EC (SUV $_{\text{max}}/\text{SUV}_{\text{mean}}$  median of 14.1/5.4 [24]). This is not surprising given the differences in  $^{18}\text{F-FDG}$  metabolism, employed segmentation threshold and fasting period prior to imaging in

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our preclinical setting compared to the clinical setting. Interestingly, the tumor  $\rm ADC_{mean}$  values in our mouse cohort (mean  $1.07\times 10^{-3}~\rm mm^2/s)$  were more similar to that typically reported for human tumors (median  $0.78\times 10^{-3}~\rm mm^2/s$  in a recent EC study [24]). Thus, the combination of utilizing our relevant organoid model and preclinical DWI seems to very well reproduce the microstructural tumor features (reflected in ADC values) observed in human EC.

Several tumor segmentation methods have been developed in PET, including both manual-, boundary- and region-based techniques and the chosen approach will inherently impact the calculated parameter outputs [41]. Deploying two commonly used clinical segmentation methods yielded largely different results for MTV in our study. Future preclinical PET studies should ideally assess multiple segmentation methods in order to determine the optimal approach for valid tumor segmentations in that particular study. Which segmentation algorithm that is preferable will depend on various factors including type of mouse model, fasting protocol, PET tracer, disease type as well as other physiological factors.

Our study has some limitations. A combined MRI and PET scanner would have been beneficial in this study since it would allow more accurate co-registration of anatomic tumor volumes and a detailed comparison of morphologic- and functional tumor features in the same voxels. However, as small-animal hybrid PET-MRI scanners are becoming more common, this opens the avenue for utilizing this novel imaging platform in the future. Dynamic quantitative PET imaging requires an arterial input function (AIF) which in preclinical studies can be challenging to obtain with the gold standard of blood sampling, since mice have small blood volumes [6]. Hence, we used an image-derived input function from vena cava that allowed noninvasive and longitudinal analyses. Studies have shown that an image-derived input function using the vena cava in small animals is an accurate method for obtaining the AIF [25, 26]. However, our input function has not been corrected for partial volume effect nor experimentally validated. Additionally, former studies show that MR<sub>EDG</sub> is highly dependent on blood glucose levels [31, 32]. In our study, the blood glucose was set to 6.0 mmol/ for all mice based on low intra-animal variation in previously measured values in the same mouse strain, tumor type and fasting protocol. Thus, our choice of using a fixed blood glucose level for modelling, may potentially have led to both over- and underestimation of the calculated  $MR_{FDG}$  in the present study.

Finally, the whole tumor ADC<sub>mean</sub>-values in this study were compared to tumor cellular density quantified from a single histology section. Using whole tumor segmentation rather than single or multiple regions of interest to

calculate  $\mathrm{ADC}_{\mathrm{mean}}$ -values removes the potential selection bias regarding placement of the ROIs. Nevertheless, we are comparing data extracted from 3D (ADC) with data from 2D (cellular density), the latter being potentially less representative of the entire tumor volume. This limitation is, however, typically shared in a clinical patient setting, and where exact co-registration of preoperative MRI images with tissue slices from hysterectomy specimen is very difficult to achieve.

#### **Conclusions**

We have demonstrated the feasibility of advanced MRIand PET imaging methods in a preclinical organoid EC model for monitoring tumor size, microstructural- and metabolic features during tumor progression. Following treatment with standard chemotherapy, ADC-values from DWI-MRI may represent a powerful imaging marker for detecting early treatment response. Relevant imaging platforms, mirroring imaging methods widely employed in the clinical diagnostic work-up, should be utilized in future preclinical studies in order to enhance the potential for clinical translatability and add momentum to the development of new imaging-guided therapeutic strategies in EC.

# Abbreviations

ADC: Apparent diffusion coefficient; AIF: Arterial input function; DWI: Diffusion-weighted MRI; EC: Endometrial cancer; <sup>18</sup>F-FDG: Fluorodeoxyglucose; MR<sub>FDG</sub>: Metabolic rate of <sup>18</sup>F-FDG; MRI: Magnetic resonance imaging; MTV: Metabolic tumor volume; O-PDX: Organoid-based patient-derived xenograft; PET: Positron emission tomography; ROI: Region of interest; SUV: Standardized uptake value; TLG: Total lesion glycolysis; vMRI: Tumor volume from MRI; VOI: Volume of interest.

# **Supplementary Information**

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Additional file 1. PET tumor segmentation. Two different PET tumor segmentation algorithms illustrated on a coronal PET-CT slice (A) displaying the lower abdomen and the bladder (b). The tumor was either outlined using a fixed threshold of 2.5 to include putative tumor voxels in the red VOI (MTV=93 mm3) or by using a 40% of the tumor SUVmax (40% SUVmax) shown by the yellow VOI (MTV=561 mm3). This specific tumor had SUVmax of 3.8 thus the segmentation threshold was 1.5 for this example. The matched coronal T2-weighted MRI (B) displays the tumor (white arrows) and bladder (b). The vMRI for this tumor was 403 mm3. We chose the 40% SUVmax -segmentation method for the present study. Abbreviations; MTV=metabolic tumor volume, SUV=standardized uptake value, vMRI=tumor volume from MRI, VOI=volume of interest.

**Additional file 2.** Overview of measured SUV  $_{\rm mean}$  values in liver and threshold-values used for tumor segmentation.

**Additional file 3.** Calculated mean metabolic tumor volumes (MTV) using the two alternative segmentation algorithms and corresponding mean anatomic tumor volumes from MRI (vMRI).

Additional file 4. Individual and longitudinal vMRI values for all mice.

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Additional file 5. Individual and longitudinal MTV values for all mice.

**Additional file 6.** Weekly correlation of imaging parameters quantified from MRI and 18F-FDG-PET. Correlation of imaging parameters in weeks 3, 4 and 5 after tumor implantation. Spearman correlation (r) and p-values are indicated for each plot, in addition to the r2-value to display goodness-of-fit for linear regression. 18F-FDG = fluorodeoxyglucose, MRFDG = metabolic rate of 18F-FDG, MTV = metabolic tumor volume, r = Spearman correlation, r2 = goodness-of-fit, linear regression, SUV = standardized uptake value, TLG = total lesion glycolysis, vMRI = tumor volume from MRI

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#### Authors' contributions

All authors were involved in the study design. HE, HFB and TF performed the experiments. HE and KEF analyzed the data. HE and ISH wrote the manuscript. CK and ISH provided funding and supervision. All authors read and approved the final manuscript.

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#### Availability of data and materials

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

## **Declarations**

# Ethics approval and consent to participate

The use of patient images and tumor material was ethically approved (Approval ID 2015/2333 and 2018/548 REK vest). All animal experiments were conducted in accordance with Norwegian and European regulations and ethically approved (Approval ID 20194 FOTS).

#### Consent for publication

Patient images and tumor material was obtained with consent (Approval ID 2015/2333 and 2018/548 REK vest).

# Competing interests

The authors declare that they have no competing interests.

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